

DRILL G Draw to position

This practice will develop your ability to draw to a position.

Deliver a bowl, medium to long end, on the forehand wide of the centre line.

Draw your 2nd bowl as close as possible to the finishing position of the first bowl.

Deliver your 3rd bowl, forehand, to a short length, wide of the centre line.

Draw your 4th bowl to your 3rd bowl.

Repeat on backhand.

Play 4 ends in total (2 x F/H, 2 x B/H)

Total number of bowls per player: 16

Score 1 point for 2nd and 4th bowl within a mat length.

What's Needed

1 x Mat

Time: 10 min / player



Drill G	Forehand	Backhand	TOTAL
2 nd bowl			
4 th bowl			
TOTAL			