

## DRILL A     Drawing

It is better if you pair up with another player.

Your goal is to draw to within a mat length of the jack.

Bowl in one direction only so bowls need to be returned to mat end.

Each player should play a warm-up end of 4 bowls.

Player 1     8 x forehand, 8 x backhand to minimum length  
Player 2     repeat as above

Player 1     8 x forehand, 8 x backhand to mid length  
Player 2     repeat as above

Player 1     8 x forehand, 8 x backhand to maximum length  
Player 2     repeat as above

Total number of bowls per player: 48

Record number of successful deliveries (i.e. within mat length).

<b>Drill A</b>	<b>Forehand</b>	<b>Backhand</b>	<b>TOTAL</b>
Min	/8	/8	/16
Mid	/8	/8	/16
Max	/8	/8	/16
<b>TOTAL</b>	<b>/24</b>	<b>/24</b>	<b>/48</b>

### What's Needed

1 x Mat

1 x Jack

Time: 30 minutes/player

